

# October

## TO DO LIST

### OCTOBER SNACK MENU

## NOTES

IF YOUR CHILD WILL NOT EAT  
THE SNACK LISTED, PLEASE SEND  
IN AN ALTERNATE FOR THEM ON  
THAT DAY.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 AM-Gogurt PM-Animal Crackers	3 AM-Goldfish PM-Shortbread Cookies	4 AM-Apple Sauce PM- VEEgie Straws	5 AM-Bananas PM-Cheeze Its	6 AM-Graham Crackers PM- Potato Chips	7 
8 	9 AM-Fruit Snacks PM-Chocolate Chip Cookies	10 AM-Fruit Bars PM-Goldfish	11  <i>FREE CHOICE</i>	12 AM-Cheerios PM-Oatmeal Cookies	13 AM-Apple Slices PM-Cheeze Its 	14 
15	16  CULINARY DAY	17 AM-Fruit Loops PM-Animal Crackers	18 AM- Cheese Cubes PM-Celery Sticks	19 AM-Gogurt PM-Crackers	20 AM-Apple Sauce PM-Veggie Straws	21 
22	23 AM-Fruit Bars PM-String Cheese	24 AM-Graham Crackers PM-Potato Chips	25 AM-Cheerios PM-Shortbread Cookies	26 AM-Cheese Cubes PM- Pretzels	27  <i>Free Choice</i>	28
29	30  AM-Berries PM-Goldfish	31 Halloween Party 	1	2 	3	4